

Cool Days, HEARTY DEALS

Breast Cancer
Awareness Month

Boneless
Stuffed
Pork Chops

3.49_{lb}



**Quality
Foods**
Hometown Markets

MEAT DEPARTMENT *Specials*



Boneless
Petite Sirloin
Steak
USDA Choice Angus Beef

6.99_{lb}



Boneless
Country Style
Pork Rib
USDA Inspected,
Tender and Juicy

1.99_{lb}



BBQ Seasoned
Chicken
Drumsticks
Fresh

1.69_{lb}

Fresh PRODUCE *Deals*



B-Size
Red Potatoes
3 lb bag

2.29



Baby
Carrots
16 oz pkg

1.29_{lb}



Assorted
Hard Squash

89¢_{lb}

Pepsi or
Mountain Dew
Products
12 pk/12 oz cans,
Selected Varieties

7.99



Post
Kids Cereal

10 oz Oreo Puffs or
Honeycomb, 11 oz Marshmallow
Pebbles, Fruity or Cocoa
Pebbles, 11.5 oz Waffle Crisp,
12.25 Honey Maid, 14 oz Honey
Oh's, 14.75 oz Golden Crisp or
16.6 oz Raisin Bran

2/\$5



Ragú
Core or
Kettle Cooked
Pasta Sauce
16-24 oz jar,
Selected Varieties

2/\$5



StarKist
Chunk Light
Tuna
5 oz can,
Selected Varieties

5/\$5



Kemps
Ice Cream or
Frozen Yogurt
48 oz pkg,
Selected Varieties

3.99



Birds Eye
Steamfresh
Vegetables
10-10.8 oz pkg,
Selected Varieties

4/\$5



Ice Mountain
100% Natural
Spring Water
12 pk/12 oz btl,
12 pk/8 oz btl or
6 pk/16.9 oz btl

2/\$5



WWW.QUALITYFOODSWISRAPIDS.COM

1021 W Grand Ave
Wisconsin Rapids
423-9750

Open Daily 5:30 am-10 pm

1811 Baker Dr
Wisconsin Rapids
423-8350

Open Daily 6:00 am-10 pm



Visit our Web site
www.qualityfoodswisrapids.com
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**Party-Planning Deli
Brochure**, get special
coupons, and to see
our **weekly inserts!**



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We are

Qualityfoodswisconsinrapids

Sale Prices in effect October 7 through October 13, 2026

WED	THUR	FRI	SAT	SUN	MON	TUES
7	8	9	10	11	12	13



1004_GBCENTRAL Pg1_#406/405

GROCERY savings in every aisle

Campbell's Condensed Soup
10.5-11.5 oz can,
Selected Varieties

3/\$4.98

Kellogg's Cheez-It Snap'd, Cheez-It Crunch Bags or Townhouse Crackers
6.5-7.5 oz Cheez-it or 9-13.8 oz Townhouse, Selected Varieties

3.99

General Mills Cereal
15-18.8 oz Cheerios, 18.1 oz oz Cocoa Puffs, 16.1 oz Trix, 18.8 oz Cinnamon Toast Crunch, 18.9 oz Golden Grahams or 19.7 oz Reese's Puffs

2/\$8

Essential Everyday Dressing
16 oz btl,
Selected Varieties

2.29

Essential Everyday Fruit
14.5-15.25 oz can,
Selected Varieties

2/\$4

Essential Everyday Potato Chips or Salty Snacks
7-10 oz pkg,
Selected Varieties

2/\$4

Essential Everyday Flour
5 lb bag,
Selected Varieties

2/\$5

Essential our brands!

Essential Everyday Cereal
11.2-18.2 oz box,
Selected Varieties

3.99

Essential Everyday Milk Chocolate Hot Cocoa Mix
20 oz can

4.99

Essential Everyday Instant Oatmeal
8-10 ct box,
Selected Varieties

2.99

Essential Everyday Ground Coffee
10.3-11.3 oz can,
Selected Varieties

6.49

Essential Everyday Bread Crumbs
15 oz pkg,
Selected Varieties

1.99

Essential Everyday Barbecue Sauce
18 oz btl,
Selected Varieties

2/\$4

Essential Everyday Pickle Chips
16 oz jar,
Selected Varieties

2/\$4

Essential Everyday Mushrooms
4 oz can,
Selected Varieties

4/\$5

Essential Everyday Sliced Black Olives
2.25-4.25 oz can,
Selected Varieties

1.29

Essential Everyday Tomato Sauce
8 oz can,
Selected Varieties

5/\$3

Essential Everyday Ultra Soft or Strong Bath Tissue
12 ct Mega Rolls

13.99

PLU 11430 REDEEMABLE COUPON VALID: 10/7/26-10/13/26 RV0300

Buy Two Bear Naked Granola SAVE \$3.00

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT QUALITY FOODS

Frito Lay Simply Snacks, Ruffles Potato Chips, Tostitos Tortilla Chips or Tostitos Dip
5-9 oz Simply Snacks, 7.25-8.5 oz Ruffles, 9-14 oz Tostitos or 10-15.75 oz Dip, Selected Varieties

2/\$7

Frito Lay Tostitos Salsa
15.5 oz jar,
Selected Varieties

2/\$7

Old Dutch Tortilla Chips
13 oz bag,
Selected Varieties

2/\$5.50

Pringles Potato Crisps
4.9-5.57 oz can,
Selected Varieties

2/\$5

Bear Naked Granola
11-12 oz pkg,
Selected Varieties

4.99

Pop-Tarts Super Stuffed
10.9 oz pkg,
Selected Varieties

2.99

Orville Redenbacher's Microwave Popcorn
2-4 ct box
Selected Varieties

2/\$5

Nabisco Premium Saltine or Soup & Oyster Crackers
9-17 oz pkg,
Selected Varieties

3.49

Quaker Oat Shakes
1.5 oz bag,
Selected Varieties

2/\$5

Mrs. Butterworth's or Log Cabin Syrup
4.9-5.57 oz btl,
Selected Varieties

3.49

Super Snack Pack Pudding or Juicy Gels
6 ct pkg,
Selected Varieties

2.99

Kellogg's Rice Krispies Treats or Special K Pastry Crisps
7-8 ct Rice Krispies or 12 ct Special K, Selected Varieties

2/\$6

Blue Diamond Almonds
14-16 oz bag,
Selected Varieties

9.99

Chex Mix, Bugles or Gardetto's Snacks
9-14.5 oz bag,
Selected Varieties

2/\$7

Maruchan Ramen Noodles
6 ct pkg,
Selected Varieties

3/\$4.98

Wendy's Chili
15 oz can,
Selected Varieties

4.99

Vlasic Relish
9-10 oz jar,
Selected Varieties

1.99

Heinz Mustard
20 oz btl

2.29

Heinz Flavor Tator Sauce
8 oz btl,
Selected Varieties

2.99

Old Dutch Mini Cheese Puffs
8.5 oz bag,
Selected Varieties

2/\$5.50

Gerber Mealtime for Toddler Entrée
6.6-6.8 oz pkg,
Selected Varieties

2/\$6

Gerber Mealtime for Toddler Breakfast Buddies or Pick-Ups
4.5-6 oz pkg,
Selected Varieties

2/\$5

Chef Boyardee Pasta
14.5-15 oz can,
Selected Varieties

3/\$4.98

Ocean Spray 100% Juice or Grapefruit Juice
60-64 oz btl,
Selected Varieties

3.49

Lipton Green Tea Bags
40 ct box,
Selected Varieties

4.99

Capri Sun Juice
64 oz btl,
Selected Varieties

2/\$5

Bounty Paper Towels or Charmin Bath Tissue
6 ct Double Rolls Bounty or 6 ct Super Mega Rolls or 9 ct Mega Rolls Charmin, Selected Varieties

14.99

Cascade Action Pacs Dishwasher Detergent
47-78 ct pkg,
Selected Varieties

19.99

Tide Laundry Detergent
117-132 oz Liquid or 45-76 ct Pods, Selected Varieties

20.99

NATURAL & Organics

Voortman Sugar Free Wafers or Cookies
5-11.3 oz pkg,
Selected Varieties

2.99

Sensible Portions Garden Veggie Straws
6-7 oz pkg,
Selected Varieties

3.49

Wild Harvest Organic Olives
6.25-6.7 oz jar,
Selected Varieties

3.99

Wild Harvest Coconut Water
8 oz can

5/\$5

HEALTH & Beauty

Colgate Toothpaste
4 oz pkg,
Selected Varieties

2/\$4

Dove Shampoo or Conditioner
12 oz btl,
Selected Varieties

4.99

Gold Bond Lotion
13-14 oz btl,
Selected Varieties

10.99

Toms Deodorant Stick
3.25 oz pkg,
Selected Varieties

7.99

DayQuil or NyQuil Cold & Flu Relief
24 ct box or 12 oz btl,
Selected Varieties

12.99

Edge or Skintimate Shave Gel
7 oz pkg,
Selected Varieties

3.79

Skintimate or Schick Disposable Razors
3-4 ct pkg,
Selected Varieties

7.49

Delicious deals on MEAT



Boneless Beef Rump Roast
USDA Choice Angus Beef

6.49 lb



Boneless Round Steak
USDA Choice Angus Beef

6.99 lb



Our Own Pork Sausage
Regular or Italian

2.99 lb



Boneless Pork Sirloin Chops
USDA Inspected, Tender and Juicy

2.29 lb



Extra Lean Pork Cutlets
USDA Inspected, Tender and Juicy

2.99 lb

Smithfield Breakfast Sausage
12 oz pkg, Selected Varieties

3.99



Johnsonville Bratwurst or Italian Sausage
19 oz pkg, Selected Varieties

5.99



Zatarain's Smoked Sausage
14 oz pkg, Selected Varieties

4.49



Klement's Summer Sausage
2 lb pkg, Original or Garlic

9.99



Schweigert Fun Dogs
12 oz pkg, Skinless Wieners

2/\$4



Hillshire Farm Deli Thin Lunchmeat
7-9 oz pkg, Selected Varieties

4.99



Bob Evans Side Dishes
12-24 oz pkg, Selected Varieties

3.99



El Monterey Breakfast Burritos or Chimichangas
18 oz pkg, Selected Varieties

5.99



Menu Del Sol Taquitos
19.75 oz pkg, Selected Varieties

3.99



Essential Everyday Chicken Tenderloin
2.5 lb bag, Individually Quick Frozen

9.99



SEAFOOD Sensations



Pacific Giant Tilapia Fillets
16 oz pkg

4.99



Cannon Sockeye Salmon Fillets
16 oz pkg

7.49



CenSea Shrimp Ring
10 oz pkg

6.99

DAIRY deals

Dannon Oikos, Too Good or Light + Fit Greek Yogurt
4.5-6 oz cup, Selected Varieties

4/\$5



Kraft Shredded Cheese
24 oz pkg, Selected Varieties

6.99



Nestlé Coffee mate Iced Coffee, Creamer or Cold Foam Creamer
50 oz Coffee, 32 oz Creamer or 14 oz Cold Foam, Selected Varieties

2/\$7



Essential Everyday Cinnamon or Crescent Rolls
8-12.4 oz pkg, Selected Varieties

2/\$4



Yoplait Go-Gurt Yogurt
8 ct box, Selected Varieties

2/\$5



Chobani Flip Yogurt
6 oz pkg, Selected Varieties

2/\$4



Dannon Oikos, Too Good or Light + Fit Greek Yogurt or Danimals Squeezable Yogurt
4 ct pkg, Selected Varieties

2/\$8



Essential Everyday Margarine
15 oz tub

1.99



Simply Potatoes Hash Browns or Cut Potatoes
20 oz bag, Selected Varieties

2.99



Eggland's Large Cage Free Brown Eggs
12 ct pkg

3.49



Lactaid Milk
52-64 oz ctn., Selected Varieties

4.49



FROZEN favorites

Kellogg's Eggo Waffles
24 ct box, Selected Varieties

5.99



New York Texas Cheese Toast
7.3-13.5 oz pkg, Selected Varieties

3.49



Stone Ridge Creamery Ice Cream Sandwiches
12 ct pkg, Selected Varieties

3.99



Bellatoria Personal Size or Roma Pizza
5.67-7.8 oz Bellatoria or 10.54-11.05 oz Roma, Selected Varieties

5/\$10



BOCA Veggie Burgers
10-12 oz pkg, Selected Varieties

3.99



DeWafelbakkers Pancakes
21.2-24.8 oz pkg, Selected Varieties

2/\$7



Delimex Bowls
10.5-11 oz pkg, Selected Varieties

2/\$7



Wild Harvest Organic Fruit
10 oz pkg, Selected Varieties

4.49



fruits & veggies



Cortland Apples
3 lb bag
3.99



Bartlett Pears
1.49 lb



Beefsteak Tomatoes
1.89 lb



Jumbo Sweet Onions
99¢ lb

Sliced DELI deals

Kretschmar Turkey Off the Bone Deli Fresh

9.99 lb



Fresh BAKED savings

Kaiser Rolls
6 ct pkg

3.29



Sweet Corn Bread

3.99 lb

Jalapeno Popper Pasta Salad
Deli Fresh

6.49 lb

Sabra Hummus
8 oz pkg,
Selected Varieties

2.99

Parmesan Peppercorn Salad
Deli Fresh

5.49 lb

Jumob Muffins
4 ct pkg

4.89

Sugar Cookies
12 ct pkg

4.29

Cherry Pie
8 inch,
Bakery Fresh

6.99

Wine & Spirits



Sutter Home Wine
1.5 ltr btl,
Selected Varieties

10.99

you save \$2.00



Bubba's Flavored Whiskey
750 ml btl,
Selected Varieties

15.99

you save \$4.00



Admiral Nelson Rum
1.75 ltr btl,
Selected Varieties

14.49

you save \$2.00



Rich & Rare Canadian Whisky
1.75 ltr btl

9.99

you save \$5.50



Fleischmann's Vodka
1.75 ltr btl

9.99

you save \$2.00



Calypso Rum
1.75 ltr btl,
Selected Varieties

9.99

you save \$2.50

BEVERAGE DEPT

Savings



Yuengling Flight Beer
24 pk/12 oz cans

22.09

you save \$1.00



Leinenkugel's Central Standard Cocktails
4 pk/12 oz cans

11.99

you save \$1.00



Michelob Ultra Beer
18 pk/12 oz cans

15.59

AFTER \$2 INSTANT COUPON
you save \$2.00



Regular or Light Busch Beer
18 pk/12 oz cans

13.39

AFTER \$2 INSTANT COUPON
you save \$2.00



Poppi Soda
12 oz can,
Selected Varieties

2/\$4

you save 98¢



Gatorade Thirst Quencher
8 pk/20 oz btl,
Selected Varieties

7.99

you save \$1.00



Rock Star Energy Drink
16 oz cans,
Selected Varieties

3/\$5

you save 97¢



Lipton Pure Leaf Iced Tea
6 pk/16.9 oz btl,
Selected Varieties

2/\$12

you save \$3.98



Coke Products
12 pk/12 oz cans,
Selected Varieties

7.99

you save \$1.00



Gold Peak Iced Tea
6 pk/16.9 oz btl,
Selected Varieties

6.79

you save \$1.90



Coke Products
2 ltr btl,
Selected Varieties

2/\$5

you save \$2.18



Monster Energy Drinks
12 pk/16 oz cans,
Selected Varieties

18.99

you save \$8.00

SCHOOL NIGHTS MADE SIMPLE



McCormick®



McCormick Chili Seasoning Mix

1.25 oz pkg,
Selected Varieties

4/\$5



McCormick Perfect Pinch or Salt Free

1.31-7 oz jar,
Selected Varieties

4.49



McCormick Easy Meals Seasonings

.75-1.5 oz pkg,
Selected Varieties

2/\$3



McCormick Country Gravy or Gravy Mix

.75-2.64 oz pkg,
Selected Varieties

4/\$5



French's Yellow Mustard

14 oz btl

1.99



Frank's RedHot, Buffalo Wing or Dip'n Sauce

12 oz btl,
Selected Varieties

2/\$6



Cholula Taco Seasoning

1-1.3 oz pkg,
Selected Varieties

99¢



Zatarain's Rice Dishes

7-8 oz pkg,
Selected Varieties

2/\$4



McCormick Homestyle Classics or Slow Cocker Seasoning Mix

1.25-2.11 oz pkg,
Selected Varieties

2/\$4



McCormick Bag'N Season or Instant Pot Mix

.81-1.25 oz pkg,
Selected Varieties

2/\$4



McCormick Brown Gravy

.87 oz pkg,
Selected Varieties

5/\$4



Lawry's Marinade

12 oz btl,
Selected Varieties

2/\$6



Cholula Hot Sauce

5 oz btl,
Selected Varieties

2.99



Cholula Salsa or Sauce

8-12 oz jar,
Selected Varieties

2/\$5

Essential
EVERYDAY®

BEST PRICES OF THE SEASON



**Essential Everyday
Sour Cream**
16 oz pkg,
Selected Varieties

2/\$4



**Essential Everyday
String Cheese**
24 oz pkg

6.99



**Essential Everyday
Tomatoes**
14.5-15 oz can,
Selected Varieties

5/\$5



**Essential Everyday
Kidney or
Chili Beans**
15 oz can,
Selected Varieties

5/\$5



**Essential Everyday
Saltines**
16 oz pkg,
Selected Varieties

2/\$5



**Essential Everyday
Seasoning Mix**
1-1.5 oz pkg,
Selected Varieties

3/\$1.98



**Essential Everyday
Fruit Bowls**
4 ct pkg,
Selected Varieties

2/\$5



**Essential Everyday
Apple Sauce**
6 ct pkg,
Selected Varieties

2/\$4



**Super Ch!!l
Soda**
2 ltr btl,
Selected Varieties

2/\$3



**Essential Everyday
Cutlery**
48 ct box,
Selected Varieties

2/\$3



**Essential Everyday
Awesome Strength
Paper Towels**
8 ct rolls

7.49



**Essential Everyday
Designer Plates,
Bowls or Cups**
24-54 ct pkg,
Selected Varieties

2.79

WEEK ONE COUPONS

VALID OCTOBER 5-11, 2026

While Supplies Last

WEEK ONE COUPON



Buy 3 lbs or Larger
Package 85% Lean

Ground Chuck

Valid October 5-11, 2026.
Limit One FREE LB per coupon.
2 coupons per customer.



WEEK ONE COUPON



Boneless
**Pork Loin
Roast**

Valid October 5-11, 2026.
Limit One FREE w/coupon.
2 coupons per customer.



PLU 370 WEEK ONE COUPON



5Lb Bag Locally Grown
Russet Potatoes

Valid October 5-11, 2026.
Limit 4 per customer.



PLU 371 WEEK ONE COUPON



12oz 6pk cans BuBBl'r
**Sparkling
Water**

Valid October 5-11, 2026.
Limit 2 offers per customer.



PLU 372 WEEK ONE COUPON



17.10-18.75oz
11inch Oven Fresh
**Portesi
Pizza**

Valid October 5-11, 2026.
Limit 2 offers per customer.



WEEK TWO COUPONS

VALID OCTOBER 12-18, 2026

While Supplies Last

PLU 373 WEEK TWO COUPON



16 oz Farmstand Sliced
**Regular or Thick
Cut Bacon**

Valid October 12-18, 2026.
Limit 4 per customer.



WEEK TWO COUPON



Our Own Regular or Italian
Brats

Valid October 12-18, 2026.
Limit 2 packs per customer.



PLU 374 WEEK TWO COUPON



Fresh Express 12oz
**Iceberg Salad
Mix**

Valid October 12-18, 2026.
Limit 3 per customer.



WEEK TWO COUPON



Kretschmar Off The Bone
Honey or Regular
Ham

Valid October 12-18, 2026.
Limit 3 lbs. per customer.



PLU 375 WEEK TWO COUPON



6-8oz Essential Everyday
Shredded or Chunk
Cheese

Valid October 12-18, 2026.
Limit 2 offers per customer.



WEEK THREE COUPONS

VALID OCTOBER 19-25, 2026

While Supplies Last

WEEK THREE COUPON



Family Pack Boneless Center Cut
Pork Chops

Valid October 19-25, 2026.
Limit One FREE w/coupon.
2 coupons per customer.



PLU 376 WEEK THREE COUPON



6.9oz Banquet Brown 'n Serve
**Breakfast
Sausages or
Patties**

Valid October 19-25, 2026.
2 offers per customer.



PLU 377 WEEK THREE COUPON



3 Lb Bag Sunrise
McIntosh Apples

Valid October 19-25, 2026.
Limit 2 per customer.



PLU 378 WEEK THREE COUPON



14.5-15.25 oz Essential Everyday Canned
**Cut or French Style Green Beans,
Sweet Peas, Creamed
or Whole Kernel Corn**

Valid October 19-25, 2026.
Limit 2 offers per customer.



PLU 379 WEEK THREE COUPON



16 oz Essential Everyday
Salted Butter

Valid October 19-25, 2026.
Limit 2 offers per customer.



WEEK FOUR COUPONS

VALID OCTOBER 26-NOVEMBER 1, 2026

While Supplies Last

WEEK FOUR COUPON



Family Pack Boneless
Country Style Ribs

Valid October 26-Nov1, 2026.
Limit One FREE w/coupon.
2 coupons per customer.



PLU 380 WEEK FOUR COUPON



1Lb Censea 16/20
Cooked Shrimp

Valid October 26-Nov1, 2026.
Limit 3 per customer.



PLU 381 WEEK FOUR COUPON



3Lb Bag Essential Everyday
Frozen Boneless Skinless
Chicken Breasts

Valid October 26-Nov1, 2026.
Limit 3 per customer.



PLU 382 WEEK FOUR COUPON



16.9oz 6 Pack Bottles
Regular or Diet
**Pepsi or Mountain
Dew Products**

Valid October 26-Nov1, 2026.
Limit 2 offers per customer.



PLU 383 WEEK FOUR COUPON



Cottonelle 12
Mega Rolls

Valid October 26-Nov1, 2026.
Limit 2 per customer.

