



bushel of bargains

Fresh 90% Lean Ground Round
USDA Inspected
5.99 lb



MEAT DEPARTMENT *Specials*



T-Bone Steak
USDA Choice Angus Beef
10.99 lb



Pork Baby Back Ribs
USDA Inspected, Tender and Juicy
2.99 lb



Stuffed Chicken Breasts
Fresh
3.69 lb

Fresh PRODUCE *Deals*



Honeycrisp Apples
Fresh
1.49 lb



Seedless Red or Green Grapes
Sweet
2.49 lb



McIntosh Apples
Crisp
1.49 lb



International Delight Coffee Creamer
32 oz btl, Selected Varieties
2/\$6



Creamette Pasta
12-16 oz box, Selected Varieties
5/\$5

Kemps Simply Crafted Ice Cream
48 oz pkg, Selected Varieties
4.49



Kraft Natural Sliced Cheese
8 oz pkg, Selected Varieties
2/\$5



Pepsi or Mountain Dew Products
24 pk/12 oz cans, Selected Varieties
11.99



Tropicana Juice
46 oz btl, Selected Varieties
3.99



Chobani Greek or Zero Sugar Yogurt
21.2 oz pkg, Selected Varieties
2/\$8



Pure Life Water
24 pk/.5 ltr btl or 24 pk/8 oz btl
3.99



WWW.QUALITYFOODSWISRAPIDS.COM
1021 W Grand Ave
Wisconsin Rapids 423-9750
Open Daily 5:30 am-10 pm
1811 Baker Dr
Wisconsin Rapids 423-8350
Open Daily 6:00 am-10 pm

Visit our Web site
www.qualityfoodswisrapids.com
to see our entire **Party-Planning Deli Brochure**, get special **coupons**, and to see our **weekly inserts!**



Sale Prices in effect September 30 through October 6, 2026

WED	THUR	FRI	SAT	SUN	MON	TUES
30	1	2	3	4	5	6



0927_GBCENTRAL_Pg1_#406/405

**Campbell's
Chicken Noodle
or Tomato Soup**
10.75 oz can

2/\$3

**Essential Everyday
Canned Vegetables**
14.5-15.25 oz can,
Selected Varieties

5/\$5

**Betty Crocker
Ready To Spread Frosting,
Cake or Brownie Mix**
12-16 oz Frosting,
13.25-14.25 oz box Cake or
16.3 oz box Brownie,
Selected Varieties

2/\$3

**Kellogg's
Kids Cereal**

8.8 oz Corn Pops,
8.9 oz Apple Jacks or
Froot Loops, 9.2 oz Cocoa Loops,
9.3 oz Marshmallow
Froot Loops or
11.2-12.1 oz Frosted Flakes

3.99

**Essential Everyday
Cranberry Juice**
64 oz btl,
Selected Varieties

2/\$5

**Essential Everyday
Apple Sauce**
24 oz jar,
Selected Varieties

2/\$4

our brands!

**Essential
Everyday
Chewy
Granola Bars**
8.4 oz pkg,
Selected Varieties

2.99

**Essential
Everyday
Maraschino
Cherries**
6 oz jar

1.99

**Essential
Everyday
Honey**
32 oz btl

7.99

**Essential
Everyday
Diced Tomatoes
With Green Chilies**
10 oz can,
Selected Varieties

99¢

**Essential
Everyday
Marinades**
12.25 oz btl,
Selected Varieties

2/\$5

**Essential
Everyday
Mayonnaise**
30 oz jar,
Selected Varieties

3.79

**Essential
Everyday
Yellow Mustard**
20 oz btl

1.79

**Essential
Everyday
Designer Plates**
300 ct pkg

17.99

**Essential
Everyday
Facial Tissue**
4 ct pkg

6.99

**Essential
Everyday
Soft & Strong
Bath Tissue**
18 ct Mega Roll

12.99

**Essential
Everyday
Storage or
Freezer Slider Bags**
30-35 ct pkg,
Selected Varieties

3.99

**Essential
Everyday
White Vinegar**
128 oz btl

2.99

**Essential
Everyday
Charcoal**
14.6-15.4 lb bag,
Selected Varieties

7.99

PLU 11428 REDEEMABLE COUPON VALID: 9/30/26-10/6/26 RV0400

**Buy Any
Three
Kellogg's
Cereals
8.8-13.5 oz box
SAVE
\$4.00**

RETAILER: Return to UNFI COUPON SERVICES
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

**GOOD ONLY AT
QUALITY FOODS**



**Frito-Lay Party Size
Chips, Potato Chips,
Rold Gold Pretzels
or XXL Queso**
6-18 oz Party Size Snacks,
12.5-13 oz Lay's Potato
Chips, 16 oz Pretzels or
23 oz Queso,
Selected Varieties

2/\$9

**Frito Lay
Tostitos Salsa**
15.5 oz jar,
Selected Varieties

2/\$7

**Quaker
Rice Crisps**
5.2-7.04 oz pkg,
Selected Varieties

4.49

**Quaker
Instant
Oatmeal**
19-27.3 oz box,
Selected Varieties

5.99

**GoGo
Squeez
Applesauce**
4 ct pkg,
Selected Varieties

2/\$6

**Kraft
Mac & Cheese
or Velveeta
Shells & Cheese
Microwave Cups**
8 ct pkg

7.99

**Libby
100% Pure
Pumpkin**
29-30 oz can,
Selected Varieties

3.69

**Old Dutch
Family Pack
Potato Chips**
9.5-10 oz bag,
Selected Varieties

2/5.50

**Progresso
Broth**
32 oz pkg,
Selected Varieties

2/\$4

**Pompeian
Olive Oil**
16 oz btl,
Selected Varieties

8.99

**StarKist
Solid or
Chunk Light
Tuna**
5 oz Can or
2.6-4.5 oz Pouch,
Selected Varieties

4/\$5

**Heinz
No-Sugar
or Simply
Ketchup**
29.5-31 oz btl

4.99

**Kraft
Salad
Dressing**
24 oz btl,
Selected Varieties

3.99

**Mazola
Oil**
40 oz btl,
Selected Varieties

5.99

**McCormick
Taco
Seasoning**
1-1.12 oz pkg,
Selected Varieties

4/\$3

**Solo
Bold Hold
Bowls**
56 ct pkg

5.99

**Zatarain's
Rice Dishes**
6.3-7 oz pkg,
Selected Varieties

2/\$3

**Old Dutch
Puffcorn**
7-9 oz bag,
Selected Varieties

2/5.50

**Capri Sun
Juice**
12 oz btl,
Selected Varieties

99¢

**Panera
Coffee**
12 oz Bag or
10 ct K-Cups,
Selected Varieties

6.99

**Tide
Laundry
Detergent**
14 ct Pods or
27-29 oz Detergent,
Selected Varieties

4.99

**Tide
Simply
Laundry
Detergent**
30-32 oz btl,
Selected Varieties

3.99

**Mr. Clean
Clean Freak
Cleaner**
16 oz btl,
Selected Varieties

4.99

**Downy
Ultra or
Bounce
Fabric Softener**
44 oz Downy or
60-120 ct Bounce,
Selected Varieties

5.99

**Downy
Scent
Booster
Beads**
5-5.7 oz pkg,
Selected Varieties

4.49

**Dawn Ultra
Dish Soap or
Powerwash
Dish Spray**
17.4-30.8 oz Dish Soap
or 16 oz Spray,
Selected Varieties

4.99

**Cascade
Dishwashing
Detergent
Actionpacs**
9-16 ct pkg,
Selected Varieties

4.99

**Hefty
One Zip
Storage or
Freezer Bags**
12-110 ct pkg,
Selected Varieties

4.49

HEALTH & Beauty

**Colgate Total,
Enamel Health or
Optic White Toothpaste
or Mouthwash**
4.6-6 oz Toothpaste or
33.8 oz Mouthwash,
Selected Varieties

5.99

**Pantene
Shampoo or
Conditioner**
10-14.2 oz btl,
Selected Varieties

5.49

**Jergens
Hand or Body Lotion**
16.8-21 oz btl,
Selected Varieties

7.99

**Q tips
Cotton Swabs**
300-375 ct pkg,
Selected Varieties

3.99

**Secret or Old Spice
Whole Body
Deodorant**
2.4-3.5 oz pkg,
Selected Varieties

10.79

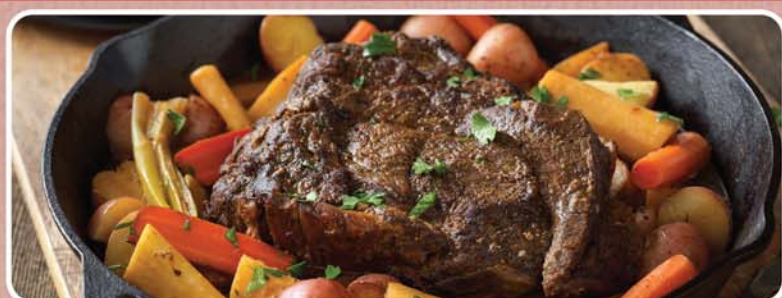
**Prilosec OTC
Heartburn Relief**
14 ct pkg,
Selected Varieties

11.99

**Always
Ultra Thin Pads**
24-40 ct pkg,
Selected Varieties

7.99

Delicious deals on MEAT



Boneless English Roast
USDA Choice Angus Beef

6.49 lb



Boneless English Steak
USDA Choice Angus Beef

6.99 lb



Stuffed Pork Cutlets
USDA Inspected,
Tender and Juicy

2.99 lb



Assorted Pork Chops
USDA Inspected,
Tender and Juicy

2.29 lb

Hormel Bone-In Smoked Pork Chops
15 oz pkg

6.99



Jimmy Dean Sliced Bacon
12 oz pkg,
Selected Varieties

4.49



Oscar Mayer Pre-Cooked Bacon
2.52 oz pkg,
Selected Varieties

5.49



Cloverdale Applewood Smoked Bacon
3 lb pkg

17.99



Kingsford BBQ Entrée
16 oz pkg,
Selected Varieties

7.99



Hormel Natural Choice Lunchmeat
6-8 oz pkg,
Selected Varieties

3.99



Johnsonville Party Pack Smoked Sausage
28 oz pkg,
Selected Varieties

7.99



Essential Everyday Pepperoni
6 oz pkg

2/\$7



Simply Potatoes Mashed Potatoes
24 oz pkg,
Selected Varieties

2/\$7



Farmland Diced, Cubed, Sliced Ham or Ham Steaks
16 oz pkg,
Selected Varieties

4.99



Schweigert Sauerkraut
32 oz bag

2.99



DAIRY deals

Essential Everyday Shredded Cheese
32 oz pkg,
Selected Varieties

7.99



Silk Almond Milk
64 oz ctn,
Selected Varieties

2/\$7



Rana Pasta
8-10 oz pkg,
Selected Varieties

4.99



Cracker Barrel Cheese
6 oz Cubes,
7 oz Cuts or
8 oz Chunks,
Selected Varieties

2/\$7



Dannon Light+Fit Greek Yogurt
32 oz pkg,
Selected Varieties

5.49



Dannon Oikos Pro
32 oz pkg

6.99



Oikos Triple Zero Yogurt
32 oz pkg,
Selected Varieties

5.99



Wild Harvest Free Range Grade A Large Brown Eggs
18 ct pkg

4.99



FROZEN favorites



Brew Pub Patriot, Green Bay or Lotzza Motzza Pizza
15.95-26.82 oz pkg,
Selected Varieties

5.99



Van de Kamp's Fish Sticks or Fillets
18-24.6 oz pkg,
Selected Varieties

4.99



Essential Everyday Frozen Fruit
12-16 oz pkg,
Selected Varieties

3.49



Green Giant Simply Steam Vegetables
9-10 oz pkg,
Selected Varieties

2/\$4



MorningStar Farms Nuggets, Burgers or Meals
5.25-12 oz pkg,
Selected Varieties

2/\$9



Birds Eye Voila! Family Size Skillet Meal
42 oz pkg,
Selected Varieties

5.99



Stone Ridge Creamery Fudge or Orange Cream Bars
30 oz pkg

3.99



Halo Top Ice Cream
16 oz pkg,
Selected Varieties

4.49

fruits & veggies



Strawberries
California
3.99 lb



Sweet Potatoes
Fresh
1.19 lb



Sweet Onions
3 lb bag

2.99



Green Cabbage
Fresh

59¢ lb

Sunrise Apple Cider
Half Gallon



4.49

Sliced DELI deals

Whole Rotisserie Chicken
Deli Fresh

8.99 lb



Fresh BAKED savings

Dinner Rolls
12 ct pkg

3.29



Kretschmar Mild Cheddar Cheese
Sliced Fresh in our Deli

7.99 lb

Deviled Egg Potato Salad
Deli Fresh

4.49 lb

Brownies
6 ct pkg, Selected Varieties

5.99

La Brea Garlic Loaf
12 oz pkg, Take & Bake

3.49

La Terra Fina Quiche
23 oz pkg, Selected Varieties

10.99

Coleslaw
Deli Fresh

3.49 lb

Apple or Dutch Apple Pie
8 inch, Bakery Fresh

5.99

Oatmeal Raisin Cookies
12 ct pkg

4.29

Wine & Spirits



Sutter Home Wine
1.5 ltr btl, Selected Varieties

10.99

you save \$2.00



Bubba's Flavored Whiskey
750 ml btl, Selected Varieties

15.99

you save \$4.00



Admiral Nelson Rum
1.75 ltr btl, Selected Varieties

14.49

you save \$2.00



Rich & Rare Canadian Whiskey
1.75 ltr btl

9.99

you save \$5.50



Fleischmann's Vodka
1.75 ltr btl

9.99

you save \$2.00



Calypso Rum
1.75 ltr btl, Selected Varieties

9.99

you save \$2.50

BEVERAGE DEPT

Savings



Hamm's Beer

30 pk/12 oz cans

14.09

you save \$1.00



Milwaukee's Best Light Beer

30 pk/12 oz cans

16.69

you save \$1.00



Regular, Light or Select Budweiser Beer

12 pk/12 oz cans

10.99

you save \$1.00



Regular or Light Busch Beer

12 pk/12 oz cans

9.79

you save \$1.00



Poppi Soda

4 pk/12 oz cans, Selected Varieties

6.99

you save \$2.00



Gatorade Thirst Quencher

28 oz btl, Selected Varieties

3/\$4.99

you save \$1.89



Celsius Energy Drink

12 oz can, Selected Varieties

2/\$4.50

you save 88¢



Lipton Pure Leaf Tea

6 pk/16.9 oz btl, Selected Varieties

2/\$12

you save \$3.98



Coke Products

6 pk/16.9 oz btl, Selected Varieties

3/\$15

you save \$2.97



Bodyarmor Super Drinks

8 pk/12 oz btl, Selected Varieties

5.99

you save \$2.00



Coke Products

6 pk/7.5 oz mini cans, Selected Varieties

3.99

you save \$2.00



Dasani Water

24 pk/16.9 oz btl

4.99

you save \$3.60

FALLING PRICES

ON FAMILY FAVORITES

SMUCKER'S



SAVE \$10 when you spend **\$25** on participating items!



Smuckers Uncrustables
20-23.82 oz pkg,
Selected Varieties

7.99



Jif Peanut Butter
28 oz jar,
Selected Varieties

4.49



Hostess Snack Cakes or Premium Multipack Donuts
8.17-13.58 oz pkg,
Selected Varieties

2.99



Smucker's Strawberry Jam or Natural Spread
25-30 oz jar

3.99



Hostess Mini Donuts
9.5-17.49 oz pkg,
Selected Varieties

2.99



Folgers Coffee
22.6-25.9 oz can,
Selected Varieties

11.99



Dunkin' Coffee

11-12 oz bag or 10 ct box K-Cups,
Selected Varieties

8.99



Café Bustelo Coffee

10 ct K-cups or 11 oz pkg,
Selected Varieties

8.99

Stock-Up for Pets

Milk-Bone Soft & Chewy Dog Treats

4.5-5.6 oz pkg,
Selected Varieties

3.99



Milk-Bone Dog Biscuits

16-24 oz box,
Selected Varieties

4.49



Pup-Peroni Dog Treats

5.6 oz pkg,
Selected Varieties

3.99



PLU 11429

REDEEMABLE COUPON

VALID 9/30/26-10/6/26

RV01000

BUY \$25 WORTH OF SMUCKER'S ITEMS

SAVE \$10



Smucker's® Strawberry Jam 30 oz, Smucker's® Natural Spreads, Jif® Peanut Butter 28 oz, Folgers® Coffee Grind 22.6-25.9 oz, Dunkin Donuts® Coffee 12 oz, Dunkin Donuts® K-Cups, Cafe Best® Ground Coffee 11 oz, Hostess® Multipacks, Hostess® Multipacks, Hostess® Breakfast Multipacks, Hostess® Mini Donuts Sharing Size, Milk-Bone® Dog Biscuits 24 oz, Milk-Bone® Soft & Chewy Treats 4.5-5.6 oz, Pup-Peroni Dog Treats, 5.6 oz, Smucker's® Uncrustables 10 ct

LIMIT ONE COUPON PER PURCHASE. ANY OTHER USE CONSIDERED FRAUD. Void if sold, copied, transferred, altered, prohibited or restricted. Good only in the USA and APO/FPO post office addresses. Consumer: No other coupon may be used with this coupon. Consumer pays any sales tax and will not receive any credit or cash back if coupon value exceeds purchase price. ©2025 Conagra Brands, Inc. All Rights Reserved.

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VOID IF COPIED, TRANSFERRED,
PURCHASED OR SOLD,
ONE COUPON PER PURCHASE.
GOOD ONLY AT
QUALITY FOODS.



your football party snack central



**Kellogg's Family Size
Cheez-It, Club,
Town House Toasteds
Party Pack Crackers
or On-The-Go Snacks**
12-21 oz Cheez-It, 18.8 oz Club,
15-20.7 oz Town House, 12 ct
On The Go or 12 oz Toasteds,
Selected Varieties

5.49



**Stone Ridge
Creamery
Krunch or
Ice Cream Bars**
18-30 oz pkg,
Selected Varieties

4.99



**Heinz
Ketchup**
13.5-20 oz btl,
Selected Varieties

2.99



**Essential Everyday
Sloppy Joe Sauce**
15 oz can

1.19



**Bush's Best
Baked or Grillin'
Beans**
21.7-28 oz can,
Selected Varieties

2.99



**Red Gold
Tomatoes or Sauce**
14.5-15 oz can,
Selected Varieties

4/\$5



**Ortega
Refried Beans,
Taco Sauce,
Seasoning or Shells**
16 oz Refried, 7.5-8 oz Sauce,
3 ct Seasoning or
4.1-5.6 oz Shells,
Selected Varieties

2/\$4



**Essential Everyday
Kettle Chips**
8 oz pkg,
Selected Varieties

2/\$5



**Old Orchard
Cocktail Juice**
64 oz btl,
Selected Varieties

2/\$4



**Essential Everyday
Napkins**
40-250 ct pkg,
Selected Varieties

2.79



**Solo
Party Plates,
Bowls or Cups**
15-150 ct pkg,
Selected Varieties

3.99



**Essential Everyday
Trash or
Tall Kitchen Bags**
20-30 ct box,
Selected Varieties

3.79

WEEK ONE COUPONS

VALID OCTOBER 5-11, 2026

While Supplies Last

WEEK ONE COUPON



Buy 3 lbs or Larger
Package 85% Lean

Ground Chuck

Valid October 5-11, 2026.
Limit One FREE LB per coupon.
2 coupons per customer.



WEEK ONE COUPON



Boneless
**Pork Loin
Roast**

Valid October 5-11, 2026.
Limit One FREE w/coupon.
2 coupons per customer.



PLU 370 WEEK ONE COUPON



5Lb Bag Locally Grown
Russet Potatoes

Valid October 5-11, 2026.
Limit 4 per customer.



PLU 371 WEEK ONE COUPON



12oz 6pk cans BuBBl'r
**Sparkling
Water**

Valid October 5-11, 2026.
Limit 2 offers per customer.



PLU 372 WEEK ONE COUPON



17.10-18.75oz
11inch Oven Fresh
**Portesi
Pizza**

Valid October 5-11, 2026.
Limit 2 offers per customer.



WEEK TWO COUPONS

VALID OCTOBER 12-18, 2026

While Supplies Last

PLU 373 WEEK TWO COUPON



16 oz Farmstand Sliced
**Regular or Thick
Cut Bacon**

Valid October 12-18, 2026.
Limit 4 per customer.



WEEK TWO COUPON



Our Own Regular or Italian
Brats

Valid October 12-18, 2026.
Limit 2 packs per customer.



PLU 374 WEEK TWO COUPON



Fresh Express 12oz
**Iceberg Salad
Mix**

Valid October 12-18, 2026.
Limit 3 per customer.



WEEK TWO COUPON



Kretschmar Off The Bone
Honey or Regular
Ham

Valid October 12-18, 2026.
Limit 3 lbs. per customer.



PLU 375 WEEK TWO COUPON



6-8oz Essential Everyday
Shredded or Chunk
Cheese

Valid October 12-18, 2026.
Limit 2 offers per customer.



WEEK THREE COUPONS

VALID OCTOBER 19-25, 2026

While Supplies Last

WEEK THREE COUPON



Family Pack Boneless Center Cut
Pork Chops

Valid October 19-25, 2026.
Limit One FREE w/coupon.
2 coupons per customer.



PLU 376 WEEK THREE COUPON



6.9oz Banquet Brown 'n Serve
**Breakfast
Sausages or
Patties**

Valid October 19-25, 2026.
2 offers per customer.



PLU 377 WEEK THREE COUPON



3 Lb Bag Sunrise
McIntosh Apples

Valid October 19-25, 2026.
Limit 2 per customer.



PLU 378 WEEK THREE COUPON



14.5-15.25 oz Essential Everyday Canned
**Cut or French Style Green Beans,
Sweet Peas, Creamed
or Whole Kernel Corn**

Valid October 19-25, 2026.
Limit 2 offers per customer.



PLU 379 WEEK THREE COUPON



16 oz Essential Everyday
Salted Butter

Valid October 19-25, 2026.
Limit 2 offers per customer.



WEEK FOUR COUPONS

VALID OCTOBER 26-NOVEMBER 1, 2026

While Supplies Last

WEEK FOUR COUPON



Family Pack Boneless
Country Style Ribs

Valid October 26-Nov1, 2026.
Limit One FREE w/coupon.
2 coupons per customer.



PLU 380 WEEK FOUR COUPON



1Lb Censea 16/20
Cooked Shrimp

Valid October 26-Nov1, 2026.
Limit 3 per customer.



PLU 381 WEEK FOUR COUPON



3Lb Bag Essential Everyday
Frozen Boneless Skinless
Chicken Breasts

Valid October 26-Nov1, 2026.
Limit 3 per customer.



PLU 382 WEEK FOUR COUPON



16.9oz 6 Pack Bottles
Regular or Diet
**Pepsi or Mountain
Dew Products**

Valid October 26-Nov1, 2026.
Limit 2 offers per customer.



PLU 383 WEEK FOUR COUPON



Cottonelle 12
Mega Rolls

Valid October 26-Nov1, 2026.
Limit 2 per customer.

